## LIST OF FEELING WORDS

## **PLEASANT FEELINGS**

OPEN	HAPPY	ALIVE	GOOD	LOVE	INTERESTED	POSITIVE	STRONG
understanding	great	playful	calm	loving	concerned	eager	impulsive
confident	joyous	courageous	peaceful	considerate	affected	keen	free
reliable	lucky	energetic	at ease	affectionate	fascinated	earnest	sure
easy	fortunate	liberated	comfortable	sensitive	intrigued	intent	certain
amazed	delighted	optimistic	pleased	tender	absorbed	inspired	rebellious
free	overjoyed	impulsive	encouraged	devoted	inquisitive	determined	unique
sympathetic	gleeful	free	clever	attracted	engrossed	excited	dynamic
interested	thankful	animated	surprised	passionate	curious	enthusiastic	tenacious
satisfied	important	spirited	content	admiration	drawn toward	bold	hardy
receptive	festive	thrilled	quiet	warm		brave	secure
accepting	ecstatic	wonderful	certain	touched		daring	confident
kind	glad		relaxed	close		optimistic	challenged
	cheerful		serene	comforted			
	elated		reassured	loved			
	jubilant						

## **UNPLEASANT FEELINGS**

ANGRY	DEPRESSED	CONFUSED	HELPLESS	INDIFFERENT	AFRAID	HURT	SAD
irritated	lousy	upset	incapable	insensitive	fearful	crushed	tearful
enraged	disappointed	doubtful	alone	dull	terrified	tormented	sorrowful
hostile	discouraged	uncertain	paralyzed	nonchalant	suspicious	deprived	pained
insulting	ashamed	indecisive	fatigued	neutral	anxious	pained	grief
annoyed	powerless	perplexed	useless	reserved	alarmed	tortured	anguish
upset	diminished	embarrassed	inferior	weary	panic	dejected	desolate
hateful	guilty	hesitant	vulnerable	bored	nervous	rejected	desperate
offensive	dissatisfied	shy	empty	preoccupied	scared	injured	pessimistic
bitter	miserable	stupefied	forced	cold	worried	offended	unhappy
aggressive	detestable	disillusioned	hesitant	disinterested	frightened	afflicted	lonely
resentful	repugnant	unbelieving	despair	lifeless	timid	aching	grieved
inflamed	despicable	skeptical	frustrated		shaky	victimized	mournful
provoked	disgusting	distrustful	distressed		restless	heartbroken	dismayed
incensed	abominable	misgiving	woeful		doubtful	agonized	
infuriated	terrible	lost	pathetic		threatened	appalled	
cross	in despair	unsure	tragic		cowardly	humiliated	
worked up	sulky	uneasy	in a stew		quaking	wronged	
boiling	bad	pessimistic	dominated		wary	alienated	
fuming		tense					