KID CONGRESS Ep. 6: 10 Awesome Things We Can Do Right Now



### Learning Target:

· Students will work together to make the world more awesome by doing simple things for others in their community.

#### Materials:

#### Part 1:

- Kid Congress 10 Awesome Things We Can Do Right Now
- · Secret Agents of Awesome Checklist

#### Part 2:

· Challenge Cards

### PART 1:

### VIEW

the video: Kid Congress - 10 Awesome Things We Can Do Right Now

### DISCUSS

with students how this episode of Kid Congress reminds us that the best way to make the world awesome is the simple things.

- What are simple things that make you feel awesome?
- · How can we make others feel awesome?

### **EXPLAIN**

to students that they will become Secret Agents of Awesome. Review the list of simple acts of kindness and invite students to add their own ideas. Their job will be to perform these acts throughout their school community without expecting anything in return for your determined length of time (a few days, one week, etc.).

### PART 2:

### INVITE

students to share how they felt completing the simple acts of kindness as a Secret Agent of Awesome the previous week.

TECH TIP: Have students record their feelings about being a Secret Agent of Awesome using Flipgrid. You may also have students share one or two words describing their feelings as Secret Agents of Awesome and create a class word cloud using Wordle or Tagxedo.

### ASK

students how we can continue to be Secret Agents of Awesome in the future.

If your students are ready for more in depth awesomeness...

### CHOOSE

a challenge card to complete as a class. Each challenge is related to the main theme of an item on Kid Congress' list of 10 Awesome Things That You Can Do Right Now. The suggestions in the following challenges are just that - suggestions. We encourage you to use these challenges, or create your own to personally connect with others in your local community.

NOTE TO TEACHERS: Through Maker Education, students experience the integration of science, art, and design as they collaboratively engage in authentic problem-solving. When Makers try hard things and fail, they begin to understand that mistakes are just opportunities to learn and grow. The Maker Mindset helps students realize that they have the power to change the world with their ideas and their effort.

By completing the tasks on these challenge cards, students will have an opportunity to use their skills as makers to serve others by forming partnerships, identifying authentic needs, and using creativity to help solve these problems.

### SHARE

your awesome as you complete challenges in your community! Join the Kid President in the Classroom Facebook Community to share photos and stories about what your students are doing.

**TECH TIP:** Have students write about their experience completing the class challenge. Students can share successes, challenges and feelings in the form of a blog post using EduBlogs, KidBlog, Weebly, or Seesaw.

## SECRET AGENTS OF AWESOME

Your job, should you choose to accept it, is to perform these simple acts of kindness in your school. Secret Agents of Awesome bring kindness without expecting anything in return.

Be bright and positive, but never reveal your identity as a Secret Agent of Awesome.

0	Hold the door open for someone
O	Ask someone about their day and listen to the answer
O	Give someone else a compliment
O	Clean up an area of the school - even if you didn't make the mess
O	Play or eat lunch with someone new
O	Let someone go before you in line
O	Surprise someone with a special treat
O	Thank someone for something they do
O	Smile and say "hello" to five people you don't know
O	Tell a silly joke to someone and make them laugh
O	Offer to help without being asked
O	
O	
0	
0	



### LOCAL SCHOOL CHALLENGE

Undercover Prime: Secret Delivery

#### Seek Good:

Members of your school community

#### Create Good:

- As a class, anonymously create notes or symbols of appreciation/gratitude for another classroom/staff member in the school.
- Use cardboard and recycled materials to design and build a container(s) to transport your secret delivery via a <u>Dash Robot</u>, or <u>Sphero</u>. (No Tech? Build a container and hand deliver your packages!)

#### Celebrate Good:

Code or drive the robot to the desired dropoff location and leave the surprise delivery for the unsuspecting recipient(s).

### Supplies

- Items to deliver (notes, candy, cards, etc)
- Cardboard Challenge materials
- · Dash Robot, or Sphero.

#### Curriculum Connection:

Coding
The Four C's

### GIVE YOUR TIME CHALLENGE

Carriers of Joy

### Seek Good:

Local nursing home residents

#### Create Good:

- 1. Have students bring an old t-shirt from home.
- 2. Use the <u>Instructables directions</u> for a No Sew t-shirt bag to create a bag for the elderly.
- 3. Write letters, postcards, or drawing to place inside the bags.
- 4. Reach out to partner with a local nursing home.

#### Celebrate Good:

5. Invite students and their families to help deliver the bags and spend time visiting with residents of that nursing home.

#### Supplies

- · Old T-shirts
- Tape
- Scissors
- Writing / construction paper
- Writing/
- drawing supplies

#### Curriculum Connection:

Letter Writing Handwriting/ Cursive Measurement



## PIZZA!! (PARTY FOR OTHERS)

A Charitable Carnival

#### Seek Good:

Alex's Lemonade Stand Foundation for Childhood Cancer

#### Create Good:

- Design carnival or arcade inspired games out of cardboard. (Use <u>Caine's Arcade</u> as inspiration.)
- 2. Set up a cardboard arcade in the school and invite students and staff to "purchase" tickets/donate money to play the cardboard games.

#### Celebrate Good:

 Register your event with Alex's Lemonade Stand and donate any money raised to support finding a cure for childhood cancer.

### Supplies

- Cardboard
- Tape
- <u>Canary cutter</u> or cardboard scissors
- Drawing supplies

### Curriculum Connection:

Money

The Four C's

Measurement

Force and Motion

### COMPLIMENTS

Kindness Bookmarks

#### Seek Good:

Members of the school community

#### Create Good:

- 1. Students will create <u>Kindness Bookmarks</u> and decorate with inspirational sayings and artwork.
  - Tech Extension- have students film their words of inspiration with <u>Seesaw</u> or <u>Flipgrid</u> and attach the QR code to the back of their bookmark.

#### Celebrate Good:

- 2. Schedule a time with your school Media Specialist and hide the bookmarks in random books throughout the library.
- 3. Students will receive a surprise bookmark to keep when they check out their book.

### Supplies

- Writing/ Drawing supplies
- Cardstock
- Ruler
- Scissors
- Yarn for tassels

### Curriculum Connection:

Art

Handwriting/ Cursive Reading



### GRATITUDE

Jumping for Joy

#### Seek Good:

Children at a local daycare or a women's and children's shelter

#### Create Good:

- 1. Discuss with students the importance of staying healthy and why we should have healthy life habits.
- 2. As a school, collect plastic grocery bags.
- 3. Use The <u>Instructables Plastic Bag Jump Rope Video</u> for guidance on how to weave the jump rope.

### Celebrate Good:

- 4. Donate the jump ropes to a local daycare/women's and children's shelter.
- 5. Help the kids learn these neat jump rope games.
- 6. Consider hosting a Jump Rope for Heart Event at your school.

### Supplies

- Plastic Bags (approx. 21-27 bags per rope)
- Duct Tape
- Scissors

#### Curriculum Connection:

Health Physical Education Fine Motor Skills

### MAKE PACKS OF SUPPLIES TO GIVE TO THOSE IN NEED

Care Kits for the Homeless

#### Seek Good:

Local homeless shelter

#### Create Good:

- 1. Have students write letters to local businesses and community members asking for donations. See <u>suggested donation list</u>.
- 2. Use the fleece to create No Sew Scarves and Blankets.
- 3. Write inspirational messages and cards to be included in the
- 4. Assemble kits and include blankets, scarves, and collected items.

#### Celebrate Good:

5. Connect with a local homeless shelter to make a plan to distribute the kits.

### Supplies

- · Polar Fleece Yardage
- Scissors or Rotary Fabric Cutter
- · Collected donations
- Paper
- Writing supplies
- · Gallon size bags

#### Curriculum Connection:

Letter Writing



### RIBBON CEREMONY

Awards for Service Dogs

#### Seek Good:

Local service dogs (police / therapy / schools)

#### Create Good:

- 1. Discuss with students the history and benefits of using animals in service fields such as law enforcement and therapy.
- 2. Collect supplies to make braided dog toys.
- 3. Use the <u>Instructables video</u> to create the toys.

#### Celebrate Good:

- 4. Host a ribbon ceremony for deserving canines in the community.
- 5. Invite the dog's owner to speak in detail about the services the dog is able to provide and those benefits.
- 6. Show appreciation to the dog by gifting the DIY play toys.

### Supplies

- Stretchy fabric (old t-shirts)
- Scissors

#### Curriculum Connection:

Math
Fine Motor Skills
Social Studies

### SILENCE

DIY Calm Down Sensory Bottles

#### Seek Good:

Veteran hospitals, School counselor offices, Classrooms

#### Create Good:

- 1. Gather the supplies listed.
- 2. Follow these steps to make the bottle.

#### Celebrate Good:

3. Share your calming bottles with others. This will help with calming emotions and self regulating.

### Supplies

- Recycled clear container (water bottle)
- Food coloring
- Glitter glue
- Glitter
- Small trinkets: beads, iewels, etc.
- Glue gun

#### Curriculum Connection:

Science Fine Motor Skills



### LISTEN

### Students Rebuild Annual Challenge

#### Seek Good:

Young people are inspired to connect, learn, and take collective action on critical global issues

#### Create Good:

- 1. Visit <u>Students Rebuild</u> to explore the Bezos Family Foundation's current yearly challenge.
- 2. Register for free and use their free resources to learn about the featured global issue.
- 3. Complete the Rebuild Challenge and mail it in.

#### Celebrate Good:

4. For every item mailed in, the Bezos Family Foundation will donate to programs that support the featured issue.

### Supplies

• Internet

#### Curriculum Connection:

Global Citizenship Art

### WRITE A SONG FOR SOMEONE AND PERFORM IT

Flash Mob

#### Seek Good:

Unsuspecting crowds in your community

#### Create Good:

- Secretly gather participants. Decide on a song or create your own.
   Memorize the lyrics. Remember, the element of surprise is the most important part!
- 2. Use recycled items to make your own instruments to use during your performance. Ideas can be found on this Instructables site.
- 3. Choreograph and learn dance moves to accompany your song.
- 4. Choose a day, time, location to perform.

#### Celebrate Good:

- 5. Surprise everyone and perform. Be sure to plan ahead and have someone film it.
- 6. Share out the experience by posting the video on social media or on your school's website.

### Supplies

- · Loud, portable stereo
- · Recycled materials

# Curriculum Connection:

Music

Physical Education

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#### Core Anchor Standards

#### CCSS.ELA-LITERACY.CCRA.SL.1

Prepare for and participate effectively in a range of conversations and collaborations with diverse partners, building on others' ideas and expressing their own clearly and persuasively.

#### CCSS.ELA-LITERACY.CCRA.L.1

Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.

#### CCSS.ELA-LITERACY.CCRA.L.2

Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.

#### CCSS.ELA-LITERACY.CCRA.W.6

Use technology, including the Internet, to produce and publish writing and to interact and collaborate with others.

#### National Standards for Social Studies

Strand 5-Individuals, Groups, and Institutions

Social studies programs should include experiences that provide for the study of interactions among individuals, groups, and institutions.

#### ISTE Standards for Students

Standard 3d- Knowledge Constructor

Students build knowledge by actively exploring real-world issues and problems, developing ideas and theories and pursuing answers and solutions.

#### Standard 6- Creative Communicator

Students communicate clearly and express themselves creatively for a variety of purposes using the platforms, tools, styles, formats and digital media appropriate to their goals.